



Strategies for Treating Comorbidity Among Anxiety-Related Disorders and Depression

Join Bespoke Mental Health Canada on **Friday February 9th** at 11.00 a.m. -12.30 p.m. (PT), 2 p.m– 3.30 p.m. (ET) for a 90 minute webinar delivered by Professor Martin Antony on different approaches to treating comorbidity among people with anxiety-related disorders and depression.

Can't attend on that date? Just book to watch it 'on-demand' at a time that suits you. Available to watch for one year from event (i.e., February 9th, 2025).



This webinar will discuss different approaches to treating comorbidity among people with anxiety and related disorders, including (1) using a standard treatment for the most significant problem only (2) treating conditions sequentially (3) treating conditions concurrently (4) using standard transdiagnostic treatments designed to target features that exist across emotional disorders, and (5) using a case formulation approach to develop an individually tailored

treatment for your client

Bespoke Health Canada is approved by the Canadian Psychological Association to offer continuing education for psychologists. Participants who complete this workshop (either live or on-demand) are eligible to receive 1.5 CE credits.

Price

Professionals: \$60.00 CAD + tax

Students: \$48.00 CAD + tax

For more information, click [HERE](#)

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